

# Youth Bowling Council Newsletter

September 2009

## Coaches Corner

It can be an easy game if you do it right. just take the time to get it right. All the coaches in the Callingwood program have been given the necessary training to teach the game to the beginners and the elite athlete. As the National Coaches Certification Program evolves all volunteer coaches are encouraged to stay current.

The way in which a coach corrects a skill, reinforces a behaviour, or highlights an error plays an important role in either developing or impairing the self-esteem of young athletes.

Raising the confidence of young athletes means building on strengths rather than weaknesses. Good coaching is based on a positive approach and follows these commonsense principles.

- Provide plenty of sincere praise when children are learning and refining new skills.
- Develop realistic expectations that are based on individual abilities.
- Reward correct techniques, not just outcomes.
- Reward effort as much as outcome.
- Use a 'sandwich' approach to correcting mistakes.
- Teach children how to strive to win by giving maximum effort.

## WELCOME TO THE 2009/10 YBC SEASON

Pre-registration for the coming season will be held on Saturday August 29<sup>th</sup> from 10 A.M. until noon. You are welcome to come on out and register for the coming season and throw a game or two. Cost of registration is \$20 for each bowler. Regular league bowling will begin September 12<sup>th</sup> at 9:30 with the Dinos, Pee Wees and Bantams, followed by Junior and Junior/Senior Match play at 11:00. Bowlers in the Dinos program bowl 1 game, Pee Wees bowl 2 games and all other divisions bowl 3 games. Divisions are as follows:

Dinos (ages up to 5, before December 31<sup>st</sup> 2009)  
Pee Wees (ages 5,6,7 before December 31<sup>st</sup> 2009)  
Bantams (ages 8,9,10 before December 31<sup>st</sup> 2009)  
Juniors (ages 11,12,13 before December 31<sup>st</sup> 2009)  
Seniors (not 19 as of December 31<sup>st</sup> 2009)

The Callingwood Youth program has steadily grown over the past few years, and we sincerely hope this year is no different. Last year the program had 103 registered participants in all divisions, along with 18 certified coaches.

Learn to Bowl clinics will be conducted on Sunday September 13<sup>th</sup> and 20<sup>th</sup> at 11A.M. to 1 P.M. for those who wish to get some extra one on one instruction. It will be of particular interest to those who are new to bowling or those who are moving from two hands to one hand bowling. This year's "Gaining the Edge" clinic will be held on Thursdays from 5 P.M. until 6:30 P.M. beginning on October 1<sup>st</sup> and ending December 17<sup>th</sup>. Those interested in attending are asked to speak with Leroy or Ernie to receive the clinic information.

New this year will be a Program Handbook which will be filled with useful information including an Event Schedule. You are encouraged to become familiar with each and every event you are participating in. First up will be the Bring a Buddy.

## BRING A BUDDY

The first YBC event of the year will be the Bring A Buddy tournament held on Sunday, September 27 @ 11 A.M. Bring out your

best friend and show them how much fun they can have at bowling. This will be a Scotch Doubles for all YBC divisions.

## 6 PLAYER COMBO

2 Bantams, 2 Juniors, 2 Seniors. Qualifying for this 6 player team begins on October 24<sup>th</sup> and will be completed by November 8<sup>th</sup>. The first 6 games bowled during this period will be used to determine who will represent Callingwood at the North Provincials held at Fraser Bowl on Sunday, November 22. The top boy and girl Pins Over Average from each of the 3 divisions will form the team. Medals will be awarded to the top 3 teams at the North Provincials.

Page 2

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September 2009

### 4 STEPS TO STARDOM

Check your handbook for the exact in-house qualification dates. Other important dates are:

Zone Singles – Sunday December 6<sup>th</sup>

Team Zones – Sunday February 21<sup>st</sup>

Provincials – Sunday March 7<sup>th</sup>

Nationals – Travel date April 30<sup>th</sup>, Tournament play May 1, 2, 3 2010. The province of Quebec.

### ALBERTA WINTER GAMES

This event is held every 2 years in conjunction with the Alberta Sports Council. 5 Pin bowling is just one of the 17 sports on the agenda. There will be a 6 game in house qualification from October 17<sup>th</sup> to October 31<sup>st</sup>. This is a scratch event for bowlers aged 14 to 17. The Class 1 and 2 age divisions are determined by the Provincial Sports Association. Top qualifiers will advance to the zones to be held on November 8<sup>th</sup>. Provincials will take place in the Bonnyville/Cold Lake area between February 4<sup>th</sup> and 7<sup>th</sup>.

### YOUTH REP TRAVEL LEAGUE

The Youth Rep Travel league will once again be active in the Edmonton area. The mixed Junior and Senior teams will compete with 8 other centres from October to April.

The 2009/10 schedule is as follows:

October 18, 2009	Bonnie Doon	10 A.M.	Both Divisions
November 22, 2009	Bronx	10 A.M.	Both Divisions
December 13, 2009	KJ	10 A.M.	<b>Juniors Only</b>
	Fraser	10 A.M.	<b>Seniors Only</b>
January 17, 2010	Callingwood	1 P.M.	Both Divisions
February 14, 2010	Plaza	10 A.M.	Both Divisions
March 28, 2010	St. Albert	10 A.M.	Both Divisions
April 18, 2010	Sherwood Park	9 A.M.	Singles
		10:30 A.M.	Teams

The Youth Rep Travel League is always on the lookout for corporate sponsors to cover the costs of prize fund, banners, travel etc.

For more information please contact:

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Or

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E-Mail: HYPERLINK

## SAFEWAY/ SOBEYS/ IGA GIFT CERTIFICATES

We are selling certificates for these places that can be used like cash to buy anything in the stores. Sale items and regular specials like 10% Tuesdays all included in the program. There are no restrictions on how you use these certificates. Simply buy a certificate from the bowling center in \$50.00 increments and use them at these stores. Please note that 2% of sales go to the BPAA Youth Program and 6% goes back into the YBC program at Callingwood. All funds received must be used for YBC Programs.

Safeway cards are accepted at all grocery and gas stores in Canada. IGA/Sobeys accepted at all western Canada stores. No expiry date. Good for all sale and discount items.

Please purchase your gift certificates at the front counter.

\*\*Please note programs do not receive funds from any additional cash added to gift card at Safeway stores

## YOUTH CHALLENGE

Dates and times for the Edmonton Zone roll offs are November 28<sup>th</sup> at Bonnie Doon @ 2 P.M. and November 29<sup>th</sup> at Sherwood Park @ 10 A.M. This 10 game qualification is open to youths 13 years of age and not yet 19 as of December 31, 2009.

Provincials will be held in Red Deer on January 29<sup>th</sup> and 30<sup>th</sup> 2010. Nationals are also being held in Red Deer, March 25<sup>th</sup> – 28<sup>th</sup> 2010.